

Grandparents Raising Grandchildren Retreat



Tuesday, June 3, 2014
9:00 am—2:40 pm
Gethsemane Lutheran Church
11560 SE Market Street
Portland, Oregon 97216

Join us for this 8th annual free event for elders raising children.
Lunch, refreshments, and fun provided!



To register please contact:

Loriann McNeill
503-988-8210
loriann.mcneill@multco.us

Or register online at:

<https://www.surveymonkey.com/s/grandparents14>

We look forward to seeing you!



- **Discover** fun and free activities you and the children can do throughout the year
- **Experience** relaxation techniques to sooth your mind
- **Learn** what you need to know about raising a child who has experienced loss or trauma
- **Enjoy** a Tai Chi demonstration with NAYA elders and learn some moves!
- **Choose** from gently used children's books provided by Multnomah County Library to take home
- **Get** resources for children with special needs



Sponsored by:
Family Caregiver Support Program
Aging and Disability Services Division
Department of County Human Services

