

#### PARKINSON'S FAMILY CAREGIVER CONFERENCE: PRACTICAL SKILLS

**Presented by: Providence ElderPlace** 

In partnership with: Parkinson's Resources of Oregon

FREE!

Including lunch and a limited number of respite spots.

Saturday, June 4th, 10AM - 3PM (check-in at 9:30)

Providence ElderPlace in Gresham, 17727 E. Burnside St.

ADA entrances & plenty of on-site parking

Register: www.pro.eventbrite.com or call 800-426-6806

Any requests for special accommodation must be received by May 20th.

Only for *family* who are *caregivers* for loved ones living with Parkinson's. Please join us in honoring their privacy by limiting attendance to family caregivers. Those seeking information on their own disease management should contact PRO at 800-426-6806 for other educational opportunities. A limited number of handout packets will be available after the conference.

### **DEMENTIA CARE with Ann McQueen, PhD**

Ann is an Operations and Policy Analyst with the Oregon Aging and People with Disabilities Program. Her work focuses on expanding person-centered care in both home and community based settings. She has taught gerontology and sociology at Portland Community College and Portland State University. Ann is a nationally popular speaker on issues of gerontology and caregiving.

### DEPRESSION, ANXIETY, APATHY CARE with Aimee Sprague, PMHNP

Aimee is a Psychiatric Nurse Practitioner with Providence ElderPlace. She has also worked with the U.S. Department of Veterans Affairs. She specializes in mental health issues of older adults including psychiatric emergency, crisis intervention, substance use and harm reduction, hospice, advanced dementia care, bipolar spectrum disorders and sleep disorders.

# INCONTINENCE CARE with Jim Helfend, RN & Rungrudee Sriyoung, RN

Jim is a Community Care Nurse with Providence ElderPlace. He was a Navy Corpsman Reservist serving with the Construction Battalion and Marine Corps for eleven years prior to graduating from Linfield Nursing School. Jim has had extensive Emergency Room and Occupational Health experience prior to coming to ElderPlace.

Rungrudee is a Community Care Nurse with Providence ElderPlace. She had extensive experience working with people prior to graduating from University of Portland Nursing School. Rungrudee worked as a Charge Nurse in skilled nursing facilities prior to joining ElderPlace.

## **HANDS-ON EQUIPMENT DEMONSTRATIONS by Keen Healthcare**