



LSVT Global and Parkinson's

LSVT Global, Inc. pioneered the Lee Silverman Voice Treatment (LSVT®), an innovative and clinically-proven method for improving voice and speech in individuals with Parkinson disease.

Today, LSVT Global specializes in the development of innovative and effective treatments for the speech communication (LSVT LOUD™) and physical/occupational therapy (LSVT BIG™) needs of individuals with Parkinson disease as well as aging and other conditions including stroke, multiple sclerosis, cerebral palsy, and Down syndrome. Their mission is to provide unlimited access to proven treatments for all who can benefit.



Why LSVT BIG™ and LSVT LOUD™?

Recent advances in neuroscience have suggested that exercise-based behavioral treatments may improve function and possibly slow progression of motor symptoms in individuals with Parkinson disease (PD). The LSVT Programs for individuals with PD have been developed and researched over the past 20 years beginning with a focus on the speech motor system (LSVT LOUD) and more recently have been extended to address limb motor systems (LSVT BIG). The unique aspects of the LSVT Programs include the combination of (a) an exclusive target on increasing amplitude (loudness in the speech motor system; bigger movements in the limb motor system), (b) a focus on sensory recalibration to help patients recognize that movements with increased amplitude are within normal limits, even if they feel “too loud” or “too big,” and (c) training self-cueing and attention to action to facilitate long-term maintenance of treatment outcomes.



Results from LSVT BIG™ and LSVT LOUD™?

Outcomes show that 90 percent of patients improve vocal loudness following treatment with a majority maintaining improvement for 12 to 24 months after treatment. Patients also have also shown dramatic improvements in balance and speed of movement in walking and daily living tasks. If a patient is not a candidate for LSVT Big and Loud, a less intensive traditional therapy schedule can be arranged.



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