



NATIONAL ASSOCIATION OF SENIOR MOVE MANAGERS

What are the benefits of a senior move manager?

Making a major move at any age is difficult and stressful. Recognizing and managing the stress of relocating older adults is the hallmark of the National Association of Senior Move Managers. NASMM members can help you and your family through the downsizing and relocation process to make the move from your current home to your new residence a positive and enjoyable experience.

Securing the services of a senior move manager guarantees a stress-free move. Although specific services vary, most NASMM Senior Move Managers can help with some or all of the following:

- Developing an overall move plan
- Organizing, sorting through household items and possessions and downsizing
- Customized floor plans
- Arranging for the profitable disposal of unwanted items through auction, estate sale, buy-out, consignment, donation, or a combination of the above
- Interviewing, scheduling and overseeing movers
- Arranging shipments and storage
- Professional packing
- Unpacking and setting up the new home
- Related services, such as cleaning, waste removal, shopping, senior escort, assisting with selection of a realtor and helping prepare the home to be sold

The National Association of Senior Move Managers (NASMM) is a not-for-profit, professional association of organizations dedicated to assisting older adults and families with the physical and emotional demands of downsizing, relocating, or modifying their homes. As the *only* professional association in North America devoted to helping the rapidly increasing 55+ population with middle and later life transition issues, NASMM's 500-plus members are committed to maximizing the dignity and autonomy of all older adults.

NASMM is nationally recognized for its innovative programs, leadership and expertise on issues related to senior move management, transition and relocation issues affecting older adults and has been featured in the *New York Times*, *AARP Magazine*, *The Washington Post*, and *National Public Radio*.

Why Hire a NASMM Member?

- NASMM members have expertise in resources and approaches that save money, reduce stress and produce quality results.
- NASMM members provide services that are client-centered and personalized to meet the client's needs and preferences.
- NASMM members are reviewed for insurance and experience requirements prior to acceptance.
- Ongoing educational programs reflect the NASMM commitment to professionalism and to working with older adults.
- NASMM members adhere to a Code of Ethics and Standards of Practice. NASMM has established an ethics review committee to review issues/complaints.

Visit www.nasmm.org or contact us at 877.606.2766 to find a NASMM member in your area.



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