

A Taste of Retirement

Wednesday, February 17th

Sample appetizers from Renton, Southeast and Central Seattle's Retirement Communities for people age 50 or better.

Talk to admission directors and caretakers about their facilities and amenities to see if it's a good fit for you or an aging parent.

Healthcare and insurance companies will be on-hand to consult with you about your plans and can show you how to enroll.

Healthcare Options & Housing Resources 10 AM – 1 PM

- ◊ Retirement Apartments
- ◊ Independent Retirement Communities
- ◊ Assistive Living Spaces
- ◊ Skilled Nursing Facilities
- ◊ Adult Family Homes
- ◊ Health Insurance Companies

Educational Sessions 10 AM – 1 PM

- ◊ Medicare & Medicaid 101
- ◊ Downsizing Your Home
- ◊ Choosing the Right Health Plan
- ◊ Making Informed Decisions for Yourself & for Aging Parents

Food Service & Appetizers 11 AM – 1 PM

Rainier Beach Community Center

8825 Rainier Ave. S.
Seattle WA 98118

**Register Now by calling:
(206) 684-7484**

FREE Flu & Pneumonia Shots for Medicare Recipients



SEATTLE PARKS AND RECREATION

Vendor Space is Available!
For Information email Angela at: angelap.smith@seattle.gov