

Center50+

CITY OF SALEM SENIOR CENTER

Here to Help!

Family Caregiver Seminar

Understanding Alzheimer's Disease



Reducing Holiday Stress

Current needs of persons with dementia and their caregivers may conflict with long-held holiday traditions and expectations of the caregivers, family and friends, adding stress to an already stressful situation. Come and learn some strategies to minimize that stress. Presented by: Alise Liepnieks, Regional Coordinator, Alzheimer's Association; Vivian Wisner, MSW, Bereavement Counselor, Willamette Valley Hospice; Kay Whitney, Program Trainer, Center 50+; and Clara Jean Dawson BA CESP.

DATE: Monday, December 12, 2016

TIME: 2 p.m. - 4 p.m.

COST: FREE

LOCATION: Center 50+
2615 Portland Rd NE
Salem, OR 97301



Please call 503-588-6303 to register.

This educational seminar is for unpaid family caregivers caring for loved ones with Alzheimer's disease or related dementia.

Presented in partnership with the Among Friends Adult Day Respite and Time With Friends Programs with additional support by NorthWest Senior & Disability Services. Thank you to our sponsors:



www.cityofsalem.net/Center50 