



With a Little Help, Inc

Home Care with Heart
Is pleased and proud to present



3RD ANNUAL CARE CONFERENCE 2017

Providing Excellent Care In All Seasons

March 8th and 9th

North Seattle College
(Includes Free Parking)

This conference is inspired by all the amazing people out there providing great care and looking for better tools to help them. Each workshop has something for everyone - Family Caregivers, Professional Caregivers, Social Workers, Care Managers, Nurses, Nursing Home Administrators and Guardians.

March 8th

Workshop 1 (3 CEUs) - 8:45 am - 12:30 pm

Help Your Client - Help Your Doctor - Help Us All

- Dr. Steve Overman

Let's Connect! Gain and Maintain a Rapport with Clients - Ginny Moore

Life Beyond and Behind the Hearing Aid

- Jeretta Scott

Diffusing Conflict: The Magic of Listening and Language - Don Desonier

Workshop 2 (3.5 CEUs) - 1:00 pm - 5:00 pm

Music & The Mind - Mary Lynn Pannen

Being Ready Matters: Preparing Yourself and Helping Your Clients - Siri McLean

Feel Better, Move Better - Coach Lisa Stuebing

Keeping Your Client Safe & at Home

- Stephanie Cameron

Workshop 3 (3 CEUs) - 5:30 pm - 9:00 pm

Who Should Have a POLST and Why (About That Neon Green Form!) - Stephanie Mehl

Sad isn't Bad - Supporting Yourself and Your Clients in Times of Loss, Grief and Death

- Trudy James

March 9th

Workshop 4 (3 CEUs) - 8:45 am - 12:30 pm

Empower & Encourage Through Story Telling

- Sandglass Theater

Caring for your Client & Yourself with Dignity

- Terry Hershey

Workshop 5 (3.5 CEUs) - 1:00 pm - 5:00 pm

The Importance of LGBT Competent Care

- David Haack

Whatchya Got in Your Trunk?

- Shawn D'Amelio & Nikki Etienne

The Basics: Memory Loss, Dementia and Alzheimer's Disease - Joanne Maher

The Serious Subject of Laughter - Donna Oiland

Cultural Perspectives on Death - Sally McLaughlin

Workshop 6 (3 CEUs) - 5:30 pm - 9:00 pm

Unleashing Your Potential on a Care Team

- Kavan Peterson

Happiness is an Inside Job - Rebecca Crichton

Successful Approaches for People Living with Dementia - Lynn Ann Kister

**CEUs Approved for
Caregivers, Social Workers,
Nurses, Nursing Home
Administrators & Guardians.**

Registration Deadline:

March 3rd, 2017

For **Agenda** and **Registration** go to:

www.WithaLittleHelp.com

\$15.00 per CEU or \$10.00 for 3 or more CEUs

Care Partners:

alzheimer's 
association

CAREPARTNERS
SENIOR LIVING

