



# It Always Seems Too Early, Until It's Too Late

National Healthcare Decisions Day (NHDD) was developed to help people across the U.S. understand the value of advance healthcare planning. NHDD is an initiative to encourage patients to express their wishes regarding healthcare and for providers and facilities to respect those wishes, whatever they may be.



**For all adults, 18 and older who do not have a completed document, Oregon statute determines a healthcare representative for you.**

For 2017, NHDD will be a week-long event, from April 16 to 22. Please join us as we discuss the Oregon Advance Directive documents and answer your questions. By providing information and tools to help you talk to your family and healthcare provider, our hope is to encourage more people to complete their directives and turn them in to primary care providers during National Healthcare Decisions Week!!

## Join us for one of two events:

### Tuesday, April 18

Providence St. Vincent Medical Center  
Souther Auditorium  
9205 SW Barnes Rd., Portland, 97225  
6 – 7 p.m. (check-in at 5:30 p.m.)  
7 – 8 p.m. (assistance with Advance Directive documents)

#### Speakers at this event:

- Mary Grant ANP, Connections Palliative Care Adult Nurse Practitioner
- Rabbi Abby Cohen, Connections Palliative Care Chaplain

### Thursday, April 20

Providence Portland Medical Center  
Cancer Center Amphitheater  
4805 NE Glisan St., Portland, 97213  
6 – 7 p.m. (check-in at 5:30 p.m.)  
7 – 8 p.m. (assistance with Advance Directive documents)

#### Speakers at this event:

- Kate Westmoreland MD, Connections Palliative Care Physician
- Mary Jane Sardone LMSW, Connections Palliative Care Social Worker

**These events are free. An RSVP is not necessary, but is appreciated.**  
**Please call 503-215-7366 or register online at**  
**<http://tinyurl.com/HCDDecisionWk>**