



### **Re-ignite the Mind with Improvisation & Play**

This class uses improvisation and theatre games to tap into the creative abilities of individuals experiencing early stage memory loss (ESML) and their care partners. Improv participants engage fully in the present, making improvisation a perfect theatre class for students with ESML. There is no memory requirement, just the delight of participating in a creative experience that releases the imagination while giving a sense of accomplishment, self confidence and social enrichment.

The class, taught by theatre professionals from Taproot Theatre, promises an hour where participants find success as they learn new things, interact socially and live creatively in the moment.

-Highly recommended for both care partners and those experiencing ESML as class exercises can add a wonderful new dimension to daily life.

**Taproot Theatre's Commitment to offering classes for individuals experiencing memory loss began in 2011 and has continued without interruption since that time.**

**The drop- in class is held at 2:30 pm on the 2<sup>nd</sup> Monday of every month and precedes the Alzheimer's Café at Taproot's Stage Door Café in the same building located at 212 N. 85<sup>th</sup> St.**

**For more information contact**

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