

Caregiver Conference

In collaboration with:





OHCA is happy to announce the 5th Annual Caregiver Conference, with two opportunities to attend in either Medford or Salem! Thanks again to the collaboration with Oregon Care Partners, this exceptional conference is being offered FREE of charge.

The Annual Caregiver Conference is an excellent opportunity for family and professional caregivers in the state of Oregon, including nursing assistants, medication aides, universal service workers, and non-licensed direct care staff to attend expert presentations, network with other caregivers and learn best practices to use in their care setting right away.

Registration Online Today!

www.OregonCarePartners.com

Program Sessions

Sex and Other Dementia-Related Surprising Behaviors

Presented by Elaine K. Sanchez, Speaker, Author, Co-founder of Caregiverhelp.com In her hilarious and heartwarming keynote, Elaine K. Sanchez shares reallife stories about understanding and responding to dementia-related challenging behaviors--including surprising and inappropriate sexual behavior. This presentation provides insights into communicating with people who are living with dementia as well as strategies for distracting, redirecting, and de-escalating tense situations.

Psychotropic Medications: Why and How to Avoid Overuse

Presented by Josh Allen, RN, C-AL, CEO Sandi Flores Consulting Group As caregivers work to improve the lives of their residents, a nationwide effort is underfoot to help improve quality care and safely reduce the use of psychotropic medications. Join this innovative workshop to learn new strategies and best practices to safely reduce psychotropic medication usage, learn how these medications work, and hear about possible side effects and reactions family and professional caregivers and staff should watch for. Attendees will leave this workshop with strategies to safely reduce the use of these powerful medications and new ways to improve care and quality of life.

Let's Get Real: Being Person-Centered in a Task-Oriented World Presented by Diana White, PhD and Lynda Crandall, RN, GNP

What does it really mean to provide person-centered care for persons with dementia? How can providers be sure they are doing it? How can family members be sure loved ones are experiencing it? This session, presented by MOVE (Making Oregon Vital for Elders), Oregon's coalition for culture change in long term care, will explore the components of person-centered care and how these components translate to dementia care settings.

Annual Caregiver Conference

April 25th - Medford, OR

9:00am – 3:00pm Inn at the Commons 200 N. Riverside Avenue Medford, OR

April 26th - Salem, OR

9:00am – 3:00pm Salem Convention Center 200 Commercial Street SE Salem, OR

Cost to Attend: FREE!

CEUs: 4.5

Event Details

Registration: Registration is required. Please register for events online at www.OregonCarePartners.com or by phone at 1-800-930-6851.

Check-in: Check-in for the conference events will begin at 8:00am.

Food: Coffee, tea, and water will be provided to attendees. Lunch is not included, but there are several dining options nearby.

Medford - \$12 box lunch for purchase

Salem - \$15 lunch buffet for purchase

Parking: There is complimentary parking available at both events.

For More Information

Oregon Health Care Association <u>www.ohca.com</u> (503) 726-5260 mking@ohca.com

Oregon Care Partners www.oregoncarepartners.com (800) 930-6851 info@oregoncarepartners.com