It's Never Too Late Yoga for 50+



Wednesdays in April 11am-12pm \$60

- improve balance
- build strength
- increase flexibility
- lubricate joints

(While we understand that for most this isn't an issue, being able to get up and down from the floor independently is required.)

980 SW 6th Street
Grants Pass



Contact Sadie Barr 541-659-7646 beyogagp.com