

Spring Ridge & Summit United Methodist Church presents:

A FIVE PART EDUCATIONAL SERIES FOCUSED ON SENIORS AND THE ADULT CHILDREN OF SENIORS



Please join us for this five part educational series. These sessions are free to the public and contain valuable information for yourself or someone you know who is dealing with these challenges.

1. Wednesday, May 3, 2017 • 6:00 pm - 7:00 pm

Starting the Conversation & Legal Paperwork

Speakers will be Sharon Hamilton from Summit United Methodist Church and Jonete Rehmke from Rehmke law offices.

**FREE
Public
Invited!**

2. Wednesday, May 10, 2017 • 6:00 pm - 7:00 pm

Warning Signs of Alzheimer's & Caregiver Burnout

Speakers will be Brin Gacita & Michelle Wyse from Spring Ridge Assisted Living & Memory Care.

3. Wednesday, May 17, 2017 • 6:00 pm - 7:00 pm

Housing Options

Memory Care Speaker will be Michelle Wyse from Spring Ridge Assisted Living & Memory Care. Skilled Nursing Speaker will be Karen Morrison from Avamere Heritage Skilled Nursing. Assisted Living Speaker will be Karen Wright from Kings Manor.

4. Wednesday, May 24, 2017 • 6:00 pm - 7:00 pm

Home Care

Speakers will be Don Hamilton from Precious Hands Home Care & Being Safe at Home by Kim George from Select Rehabilitation.

5. Wednesday, May 31, 2017 • 10:00 am - 1:00 pm

Vendor Fair Free resources, local community and community vendors, give-a-ways, raffles, snacks will be provided.

These sessions will be held at:

**Summit United
Methodist Church**
5316 104th Street East
Tacoma, wa 98446

**RSVP to
253-474-1093**
*Hurry seating
is limited!*

