

Stressful. Scary. Overwhelming. Frustrating. Heartbreaking.

You're trying to help your aging parents...and balance all you're doing for them with being a wife, mom, professional, friend, volunteer, and all the other roles you're constantly juggling.

We've been where you are.

We know what it feels like because we've been there. We remember crying in frustration, tossing and turning instead of sleeping because we worried about making a wrong move, being so overwhelmed we were paralyzed and didn't do anything until it turned into a crisis.

We're here to help.

We invite you to join us for a morning workshop, where

- We'll show you our best tips and tricks, tools and techniques.
- Give you the information you need to make the best decisions for *your* situation, not a one-size-fits-all.
- Envelop you in the compassion, empathy, and encouragement you need to refill your own tank.
- All participants will have the opportunity to win a "Hot Seat" with us during the workshop.

We invite you to register now



Christy Turner
Dementia Sherpa



Jennifer Cook-Buman
Placement Consultant



We invite you
to join us!



Meredith Williamson
Attorney



Georgena Eggleston
Grief Guide