## Áegis Living brings to you The Dementia Whisperer



## COMMUNICATION AND STRESS MANAGEMENT TRAINING Nurses Continuum Education Training for Care Providers of Memory Challenged Adults

(4.0 Continuum Education Units)



**Glaser Auditorium at Swedish Medical Center** 747 Broadway, Seattle, WA 98122

By the end of the presentation, participants will be able to:

- Have the tools necessary to apply communication techniques for people living with dementia
- Assist in solving behavioral challenges
- Have an understanding of how stress affects their ability to provide care and supervision of those suffering with dementia
- Utilize a person-centered approach to activities, dedicated to all the Care Givers who have struggled to find ways to engage a Memory Challenged Adult in meaningful activities.
- Understand how eating and socializing are inter-mixed when there is the need for dining with dementia

Event is free to attend. Refreshments will be provided. Please RSVP to Sandra.Cook@AegisLiving.com or call 206-962-0707



## Laura Wayman

Laura Wayman, Author of A Loving Approach to Dementia Care, A. A. Gerontology, Certificate in Gerontology and Certified as a Social Service Designee, C.E.O. of The Dementia Whisperers, Inc.



