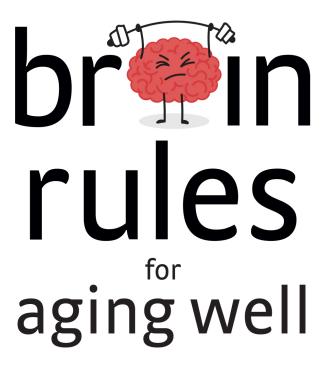
## JOHN MEDINA



10 Principles for Staying Vital, Happy, and Sharp

## Monday, November 27, 7pm Redmond Library



How come I can never find my keys? Why don't I sleep as well as I used to? What can I do to keep my brain sharp? Join us as *New York Times* best-selling author of *Brain Rules*, developmental molecular biologist and much-loved speaker, Dr. John Medina, gives you the facts—and the prescription to age well—in his signature engaging style.

Books available for signing and purchase.