



ALZHEIMER'S AND DEMENTIA

Family Education and
Support Group

OVERVIEW

Do you experience personal pain and stress during interaction with your loved one? Join us for these group sessions where we'll talk about not putting unreasonable pressure on yourself.

Discover ways to stay well and enjoy time with your loved one. Learn to focus on the best about these moments.

MEETING TIME

Time: The 3rd Thursday of Every Month, From 6-7pm
Location: The Private Dining Room
Coffee and Treats Will be Provided



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