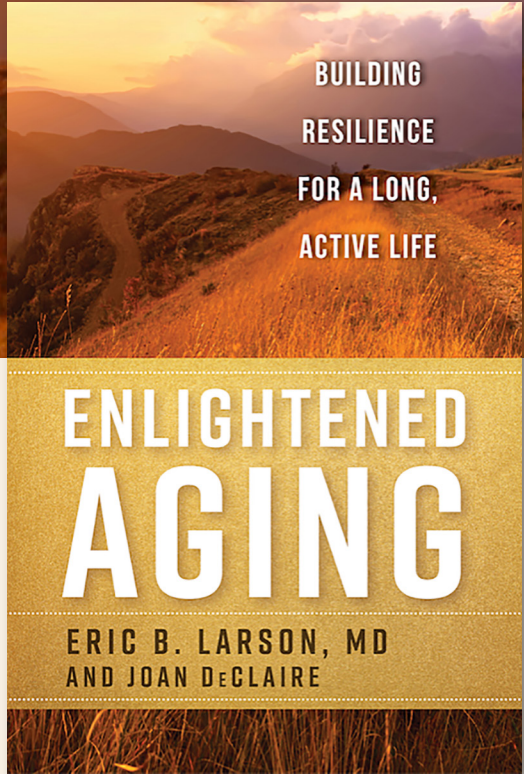




AUTHOR EVENT

A leading expert in the science of aging, Portland native **DR. ERIC B. LARSON** offers practical advice for growing old with resilience and foresight. ***Enlightened Aging*** draws from Dr. Larson’s decades of research, leading one of the largest and longest studies aimed at preventing dementia. He also shares inspiring stories from his experiences with his patients, study participants, family, and friends. Dr. Larson is executive director of Kaiser Permanente Washington Health Research Institute and professor of medicine and health services at the University of Washington.



“This can-do guide gives commonsense, doable advice on how to proactively create a path to a meaningful life.”

–BOOKLIST

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