

*Caring for a loved one with dementia?*  
**Don't Do It Alone!**



*Our Mission is to provide Advocacy, Support and Education to individuals caring for people with all types of dementia.*

**A Weekly Support Group**  
**Open to anyone in the greater Portland area.**

**Every Thursday evening,**  
**6:30-8:00PM**

**Hosted by:**



**8300 S.W. Barnes Road Portland OR 97225**  
**503-292-8444**

**Facilitator: Beth Johnson (503) 922 2823**

**Respite Care Available-Contact Facilitator**