

# SAVE THE DATES!

## September 23-25, 2021

Pre-conference intensive sessions (*separate fee*) on Thursday, September 23rd with core conference activities beginning afternoon / evening same day.



The Western Region Chapter, Aging Life Care Association (WRC-ALCA) 31st Annual Conference is **LIVE AND IN PERSON** and we can't wait to see **YOU** there!

### Registration:

Registration will open on Thursday, June 3rd and early bird pricing will be available through August 12th.

### Features/Inclusions:

- Pre-conference intensive sessions (*separate fee*) including Care Management 101 and Advanced Practice
- Five (5) general sessions
- Twelve (12) breakout sessions
- Up to a total of 9.5 core conference credit hours available
- Care manager credit and the opportunity to purchase case manager, nursing and social worker certificates
- Special activities / conference enhancements including welcome reception, new member/first timer recognition, dine arounds, silent auction, swag and more
- Sponsor messages
- Membership meeting
- Focus on timely topics
- The opportunity to experience the Seattle, WA area

### Sponsorship

### Opportunities:

Now that we are able to travel again we anticipate great participation in the conference. Sponsorship and exhibitor opportunities range from a high of \$10,000 to a low of \$750.

### For Additional Details & To Register

[www.westernalca.org](http://www.westernalca.org)

## FEATURED SPEAKERS



### FRIDAY OPENING KEYNOTE

Wendy Lustbader

**Beyond Care: Supporting a Meaningful Life**

CO-AUTHOR of *Taking Care of Aging Family Members : A Practical Guide* and *Taking Care : Supporting Older People and Their Families*



### SATURDAY MORNING KEYNOTE

Dr. Anu Taranath

**Speaking on Social Justice, Diversity and Inclusion in the Realm of Care Management**

AUTHOR of *Beyond Guilt Trips — Mindful Travel in an Unequal World* and *Let's WOW it Out: Simple Drawings to Explore Big Ideas*



Andrew McMasters

**YES, AND: Build Relationship, Empathy and Connection with Two Words**

### IMPROVMINDSET

uses improv and storytelling to create connection between employees and develop dynamic leadership



Elizabeth Coplan

**Independence Day: End of Life Wishes and the Impact on Caregivers when Traditional Communication Fails**

AUTHOR of *Grief Dialogues: Stories On Love*



Jane Tornatore

**Simple Self Care for Stress Reduction**

AUTHOR of *Everything is Perfect, Just Not Me! A Road Map to Self Acceptance*

*Join us for this very special event!*



## CONFERENCE BASICS

Below are preliminary conference details that will be helpful in planning your participation in the conference. Look for additional details at [www.westernalca.org](http://www.westernalca.org).

**Registration Fees.** Full conference member fees are anticipated to be \$450 for early bird registration (\$515 non-member) which is only \$50 higher than the 2018 rates (three year later when food and other costs have increased fairly dramatically). One day rates are tentatively at \$275 and \$315 respectively. **Registration is scheduled to open on June 3rd.** The fees are anticipated to include at minimum...

### **Conference Materials**

**Conference App** -- for use on-site and ongoing, including access to all session handouts, attendee list, sponsor / exhibitor information and more

**9.5 CE Hours Eligible** -- fee comes to under \$48 per credit hour and includes so much more

### **Multiple Networking Opportunities**

- Dine Arounds (individual bills)
- Ice Breakers
- First Timer / New Member Orientation
- Conference Enhancement Activities (ideas so far include mooning yoga/walks, adult coloring, deep breathing exercises, guided meditations and more!)

### **Silent Auction & Raffle**

### **Conference Meals & Breaks**

- Welcome Reception on Thursday
- Continental Breakfast (or better) on Friday & Saturday
- Lunch on Friday & Saturday
- Minimum Two Refreshment Breaks

**Hotel Rates.** The Hyatt Regency Lake Washington at Seattle's Southport is an amazing, intimate AAA Four Diamond resort right on the water with incredible views and our group rate is only \$189 plus tax per night single or double occupancy (matching both our 2016 and 2018 hotel rates five and three years later respectively). To learn more about the hotel, go [HERE](#). **To make your reservation in the group block [CLICK HERE](#).**

**Location.** The Greater Seattle area in Washington is a wonderful place to visit and there's so much to do. You may want to consider bringing friends and family. September weather brings an average high of 73, low of 54 and... it's one of the lowest rainfall months. And... the state fully re-opens on June 30th. Take a [LOOK](#) at all there is to offer and consider making this your first big 2021 trip!

**Nothing Beats In Person Learning & Networking.** There will be five general sessions and all of our speakers are renowned. Add four breakout time slots (with a minimum of three options at each time) and multiple networking opportunities plus conference enhancements and you won't want to miss this in person event. We'll also be offering pre-conference sessions (separate fee) for newer care managers -- Management 101 and Business 101 -- and for those who are seasoned professionals, Advanced Practice and Mediation (tentatively).

**WE want to connect with YOU.** This has been a very long year (and more) for all of us and we miss seeing you. Let's restart our in person connections together and rejuvenate at the same time!